


Mental Health Screening Tools



Taking a mental health screening is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.

DEPRESSION TEST	ANXIETY TEST	BIPOLAR TEST
PSYCHOSIS TEST	EATING DISORDER TEST	PTSD TEST
PARENT TEST	YOUTH TEST	ADDICTION TEST
TREATMENT SURVEY	 <i>Following the screening, you will be provided with information, resources and tools. We encourage you to share your results with a physician or healthcare provider.</i>	



Complete the **FREE, ONLINE, CONFIDENTIAL** Screening Tools by visiting www.mhaarizona.org